



## Programs and services

### FOOD ASSISTANCE

Our Food Assistance program provides over 20,000 bags of food to Seattle residents per year:

- The Central Area Food Bank provides nutritious food and grocery items to people in need. The Food Bank is open Wednesdays from 12:00 - 4:00 pm and Thursdays and Fridays from 9:00 am - 1:00 pm.
- Our Home Delivery service brings food to homebound individuals, seniors, people with disabilities, and families with infants.



### ENERGY ASSISTANCE

Our program helps families manage the rising costs associated with residential heating by:

- Offering financial assistance to pay home heating bills and energy conservation education to minimize future home heating costs.
- Providing grants ranging from \$25 to \$1,000 to income-eligible applicants.
- Servicing and repairing home heating systems.
- Repairing broken windows.
- Cleaning chimneys.

### HOUSING ASSISTANCE

We offer financial assistance to help with eviction prevention and move-in assistance to reduce homelessness and stabilize housing situations for our clients.

### EDUCATION

CAMP's Financial Literacy program provides education and financial coaching to promote positive financial habits. Participants learn about banking, personal finances, and budgeting to help stretch their dollars further and reduce debt.



## Creating a healthy, thriving community

CAMP serves over 20,000 low-income households per year in Seattle through advocacy and programs. We help families and individuals from all walks of life including seniors, refugees and immigrants, and people with disabilities. We are dedicated to helping people meet their basic needs, especially for emergency situations where clients face losing their homes or going hungry. But our work doesn't stop there. We also provide tools to help our clients move out of poverty and into stable living situations.

We are constantly growing and evolving as an organization to ensure our programs and services meet the needs of the community. CAMP is an active member of the Washington State Community Action Partnership, a network of 30 agencies in 39 counties that has partnered together to improve the lives of poor populations throughout the region. CAMP's team is deeply committed to ending the cycle of urban poverty, with services aimed at helping more people towards self-sufficiency.

## Our mission

We help people help themselves and each other as they move from poverty to self-sufficiency through programs and advocacy.

We seek to create a healthy, thriving world free of poverty by serving low-income individuals and families in central King County including immigrants and refugees, youth, seniors, people with disabilities, and the new poor.

## What our clients say

“CAMP has helped this community and has really been there for me. I've been blessed with clothes and food.”

- GENICE

“I was amazed at the caring and concern of CAMP's staff. I knew one day I wanted to give back to the people that lifted such a great weight off my shoulders.”

- KURT

“I had no idea what I would do when my furnace died. Then CAMP called me and I got the miracle of a new, functioning, safe furnace. This gave me hope—the feeling that I am not alone and that I can make it back onto my feet. Words can't express my gratitude.”

- DONNA JO

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# HELPING PEOPLE LIVE A BETTER LIFE



CENTRAL AREA MOTIVATION PROGRAM



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